

Scout Checklist – Items to Bring to Camp

This is only a suggested list. Check it carefully, change it as you see fit, and make copies for all your Scouts. All items should be labeled with the Scout's name.

Remember to place your towel and swim trunks on the top of your pack. You will need these early on Sunday to take the swim test.

The following are musts:

- Completed Medical Form
- Prescribed medications (to be given to the Scoutmaster; medications will be held by the camp nurse; see page 7)
- Sleeping bag or 3 blankets
- Poncho or raincoat
- Waterproof footwear
- Comfortable, broken-in hiking boots
- Extra shoes (old sneakers)
- Insect Repellent (Lotion, not Spray) †
- Complete summer uniform
- Clothing bag containing
 - Athletic Socks (1 pair per day)
 - Extra Scout Socks (2-3 pair per week)
 - T-shirts
 - Underwear (1 for each day)
 - Extra shorts
 - Extra shirts
 - Jeans or other long pants
 - Pajamas or sweat suit
- Swim trunks (*No cut-off Jeans*)
- Towels
- Toilet kit containing
 - Soap in plastic container
 - Toothbrush and Toothpaste
 - Comb and Brush
 - Metal Mirror
 - Toenail Clipper
 - Tissues
- Warm Sweater or Jacket
- Flashlight and extra batteries †
- Boy Scout Handbook †
- First Class Score Cards
- Scout knife (*No Sheath Knives*) †
- Props for Troop or Patrol Skits
- Pre-paid Phone Card †

Optional, but recommended:

- Pillow or air pillow
- Air mattress or pad
- Compass †
- Backpack
- Laundry Bag
- Sunglasses
- Fishing tackle
- Clothing sewing kit
- Bible or prayer book
- Inexpensive or disposable camera & film
- Notebook and Pen or Pencil
- Canteen †
- Individual first aid kit †
- Merit badge pamphlets †
- Ground cloth
- Extra flashlight bulb
- Wrist watch
- Utensils for Troop Cookouts
- Spending money
(recommended \$30 per week)

Please Leave at Home:

Large or expensive radios or other electronics
Computer Games
Televisions
Valuable Comic books
Guns, Rifles, Shotguns, Bows and arrows
Valuable cameras, jewelry, etc.
Fireworks
Pets
Sheath or Survival Knives
Aerosol cans
Cell phones
Anything that would distract from the Scouting atmosphere that should prevail at camp.

† Also available at the Trading Post.



Leader's Pre-Camp Checklist

Check off this list as you complete each task as part of your planning.

- Working with your troop committee, recruit and train assistant camp leaders.
 - Schedule a Troop's Parents' night for Camp Promotion.
 - Complete a roster of all Scouts going to camp. Do you have all the last minute ones? Turn in this roster when you arrive at camp.
 - Names, addresses and phone numbers of all parents. Do you know where they can be reached in an emergency? (If they will be away during camp, make sure to get the details.)
 - Health and medical record forms for each Scout and leader. No Scout or adult may register or remain in camp without one. Medical forms need all immunization dates and parent and doctor signatures. See the section on "Health and Accident Insurance" on page 7.
 - All transportation arrangements made – coming and going.
 - Troop camping and program equipment (including troop and American Flags and tarps).
 - Each Scout is properly equipped. (See checklist on page 21. Have an equipment check just before camp. Discourage boys from being over-equipped.)
 - All pre-camp program planning is completed and leader has necessary information and records: Scout advancement goals, Troop Analysis. (Which Youth leaders are going to camp, number of patrols, who cannot swim, etc.?)
 - Camping Patrols have elected their leaders.
 - All parents aware of plans: date, time and place of departure, return date, time and place of arrival, mailing and phone information, visiting day rules, etc.
 - All Scouts and leaders properly uniformed. (Have Summer Uniform inspection at a troop meeting prior to camp).
 - Leader has sufficient funds for troop purchases. (Hudson Valley Council unit accounts are not used at camp.)
 - Troop First Aid Kit in good condition and ready to go.
 - All tent assignments made on patrol basis. (Plan on 2-man tents).
 - Troop Senior Patrol Leader (or camp SPL elected) will be in camp.
 - Balance of all fees paid.
 - Troop Committee has contacted parents of all Scouts **not** signed up for camp.
 - Final Troop leaders' meeting; last minute program changes and updates.
- All papers ready:
- Properly completed medical form for each Scout and leader
 - Roster form
 - Plans and notes for troop program
 - Scouts' Advancement Goals

Travel Directions

Coming from New York City

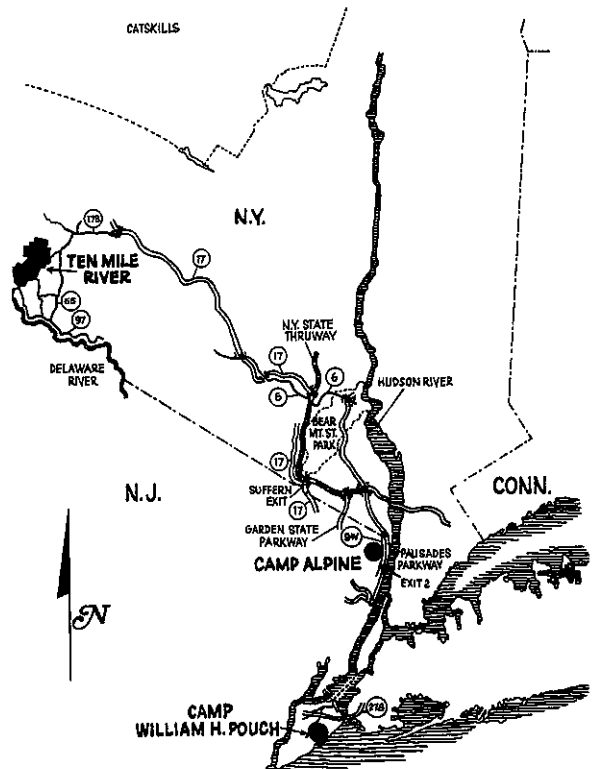
Via the Palisades Interstate Parkway

Travel to and take the *Upper level* of the George Washington Bridge (I-95 west). On the New Jersey side take the first exit on your right onto the Palisades Parkway going North.

Go North for 35 miles to exit 18, Route 6. Bear left onto Route 6 at the fork. Travel half way around the traffic circle and continue on Route 6 West for 6 miles to Route 17 West. Take Route 17 West for 44 miles. Continue at "Directions from Monticello" below.

Via the New York State Thruway

Take the Major Deegan Expressway (I-87 North). This becomes the New York State Thruway and crosses the Tappan Zee Bridge to Suffern. The Thruway continues north as I-87. Get off the Thruway at Exit #16 (Route 17). Take Route 17 West for 44 miles. Continue at "Directions from Monticello" below.



Directions from Monticello

Get off Route 17 West at exit 104 (Monticello Raceway/17B). Follow the signs on the exit ramp for Route 17B West. Take 17B West for 6.7 miles to the traffic light at White Lake. Continue past the traffic light 0.7 miles and make a left turn onto Route 55 West.

Follow Route 55 West for 4.2 miles to the Ten Mile River Camp cut off road on your right; this is County Route 26 (Crystal Lake Road). It is marked Ten Mile River Scout camps and Camp Sternberg. Turn right and follow the Ten Mile River signs to your camp.

Note: Route 17B is the last time you can get gas before camp!

Coming from New Jersey and Eastern Pennsylvania

If you are near either I-287 or the Garden State Parkway, take it North to I-87, the New York State Thruway. Get off the Thruway at Exit #16 (Route 17). Take Route 17 West for 44 miles. Continue at "Directions from Monticello" above.

If you are near either Routes 206 or 23, travel North to Port Jervis. At Port Jervis, take Route 97 going Northwest. Travel on 97 to Route 21, just past Barryville. Take 21 to Yulan and pick up Route 22, which runs into Route 23. Travel on 23 to Route 26; you will see a large Ten Mile River Scout Reservation sign. Turn right on 26 and go about 0.5 miles to TMR Headquarters.

Via GPS-based Navigation System

TMR Headquarters is at 1481 Crystal Lake Road, Narrowsburg, NY 12764.